A NEW UPPER BOUND FOR THE LENGTH OF SNAKES

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Received 28 February 1983 Revised 2 May 1984

A d-dimensional circuit code of spread s is a simple circuit C in the graph of the d-dimensional unit cube with the property that for any vertices x and y of C which differ in exactly r coordinates, r < s, there exists a path from x to y consisting of r edges of C. This property is useful for detecting and limiting errors. In this paper we give a new upper bound for the maximum length of a d-dimensional circuit code of spread 2.

1. Introduction and definitions

We denote by I(d) the graph with the various d-tuples of binary digits as vertices, two vertices being adjacent if and only if they differ in exactly one coordinate. Thus I(d) is the graph of the d-dimensional unit-cube. If d is understood, we write I instead of I(d). The set of vertices of a graph G will be denoted by V(G), and, for $x, y \in V(G)$, $d_G(x, y)$ will be the minimum number of edges forming a path from x to y. (In this paper we are only concerned with connected graphs, therefore such a path always exists.) The subgraphs of I(d) are called d-dimensional codes. In this paper we are interested in a special class of d-dimensional codes, namely d-dimensional codes of spread s.

Definition 1. Let C be a simple circuit in I(d), and $s \in \mathbb{N}$. If for all vertices x and v of C

$$d_{I(d)}(x, y) \ge \min \{d_C(x, y), s\},\$$

then C is called a d-dimensional circuit code of spread s.

Circuit codes of spread 1 are commonly called Gray-codes, and obviously every circuit in I(d) is a Gray-code. Circuit codes of spread 2 were introduced by Kautz in [5], who called them *unit-distance error-checking codes* or *snake-in-the-box-codes*. For the use of such codes e.g. in analog-to-digital-conversion see Klee in [6]. A circuit code of spread 2 is nothing else than a chordless circuit in the graph I(d). Usually C(d, s) denotes the length of a longest d-dimensional circuit code of spread s. In this paper we are interested in upper bounds for C(d, 2). The problem

of finding an upper bound for C(d, 2) was first solved by Kautz in [5], who showed

$$C(d, 2) \le \frac{d}{d-1} 2^{d-1}.$$

For $d \ge 4$ Abbott [1], Danzer and Klee [2], Glagolev [4], and Singleton [8] independently improved this to

$$C(d, 2) \leq 2^{d-1}$$
.

Larman [7] proved in 1968

$$C(d, 2) \le 2^{d-1} - 2^{d-5}d^{-6}$$
 for $d \ge 5$,

from which one can conclude C(5,2)=14. Also in 1968 Douglas [3] reduced the bound to

$$C(d, 2) \le 2^{d-1} - \frac{2^d - 12}{7d(d-1)(d-1) + 2}$$
 for $d \ge 6$.

In this paper we will give a new improvement by showing

$$C(d, 2) \le 2^{d-1} - \frac{2^{d-1}}{d(d-5)+7}$$
. for $d \ge 7$.

Before doing so we must introduce some new definitions and notation rules. First we need a simple method to denote the vertices of I(d).

Definition 2. Let i_1, \ldots, i_n be coordinates with $1 \le n \le d$ and $i_1, \ldots, i_n \in \{1, \ldots, d\}$ pairwise different. Then we denote by $(i_1 i_2 ... i_n)$ the vector with a 1 at the coordinates i_1, \ldots, i_n and a 0 at the other coordinates. (0) denotes the d-tuple with a 0 at all coordinates.

For example (25)=(0,1,0,0,1,0,0) in I(7).

The following examinations are based on the property of a circuit C of spread 2 that for all vertices x of C exactly two neighbours of x also belong to C. Thus appearing of x in C makes appearing in C impossible for most of its neighbours. The next definition will help us to describe this property more formally.

Definition 3. Let C be a d-dimensional circuit code of spread 2. Let $x \in V(C)$ and $y \in V(I)$.

- (a) $Ny = \{z \in V(I): d_I(y, z) = 1\}$ denotes the set of all neighbours of y in I. (b) x blocks y if $y \in Nx$ and $y \in V(C)$.
- (c) x blocks y with the weight $\frac{1}{n}$, $n \in \mathbb{N}$, if x blocks y and $n = \operatorname{card} (\{z \in V(C): z \in V(C)\})$ $d_r(z, y) = 1$).

(d) We denote $Sx = \{z \in V(I): x \text{ blocks } z\}$.

Example. In I(4) let C = ((0), (1), (12), (123), (23), (234), (24), (4); (0)) as shown in figure 1. C is of spread 2 in I(4), and e.g. we get $S(12) = \{(2), (124)\}$, N(0) = $=\{(1),(2),(3),(4)\}, S(0)=N(0)\setminus\{(1),(4)\}, \text{ and } (0) \text{ blocks } (3) \text{ with the weight } \frac{1}{2},$

whereas (12) blocks (2) with the weight $\frac{1}{4}$. Notice that (134) is not blocked by any vertex.

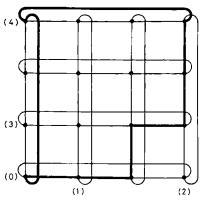


Fig. 1

Definition 4. Let C be a d-dimensional circuit code of spread 2, $x \in V(C)$. Then let g_x be the mapping from V(I) to Q defined by

$$g_x(y) = \begin{cases} \frac{1}{n} & \text{if } x \text{ blocks } y \text{ with the weight } \frac{1}{n} \\ 0 & \text{otherwise} \end{cases}$$

and

$$G(x) = \sum_{y \in V(I)} g_x(y).$$

That means G(x) is the sum of all weights with which x is blocking elements of V(I). In our example we have $G((0)) = \frac{3}{4}$ and G((1)) = 1. Obviously for all $y \in V(I)$ the following equality holds

$$\sum_{x \in V(C)} g_x(y) = \begin{cases} 0 & \text{if } d_I(x, y) \ge 2 & \text{for all } x \in V(C) \\ 0 & \text{if } y \in V(C) \\ 1 & \text{otherwise} \end{cases}$$

and we get the following important relation

(1)
$$\sum_{x \in V(C)} G(x) \leq \operatorname{card}(V(I) \setminus V(C)) = 2^{d} - \operatorname{card}(V(C)).$$

2. Five lemmas

Before we are able to prove the new upper bound we need five lemmas.

Lemma 1. For $d \ge 7$ let $C = (v_1, v_2, ..., v_n; v_1)$ be a d-dimensional circuit code of spread 2 with $v_1 = (123), v_2 = (12), v_3 = (1), v_4 = (0),$ and $v_5 = (3)$. If card $(N(13) \cap V(C)) = d - 1$, then

$$G(v_3) > \frac{d-4}{d-2} + \frac{2}{d-3}$$
.

Proof. Putting $M = \{4, 5, ..., d\}$, we have $N(13) = \{(1), (123), (3)\} \cup \{(13i): i \in M\}$. Let (13m) be the one element of N(13) not lying in V(C), $(m \in M)$. Since $d \ge 7$ holds, there are at least three different elements (13i) with $i \in M \setminus \{m\}$ in V(C). Thus there exists $v_s \in V(C)$ with $v_s = (13k), k \in M \setminus \{m\}, d_C(v_1, v_s) \ge 4$, and $d_C(v_5, v_s) \ge 4$. We get $Nv_s = \{(13), (1k), (3k), (123k)\} \cup \{(13kj): j \in M \setminus \{k\}\}$.

Let $y \in Nv_s \cap V(C)$. If y = (13) or y = (1k), then $d_I(v_3, y) = 1$ and $d_C(v_3, y) \ge 5$. If y = (3k), then $d_I(v_5, y) = 1$ and $d_C(v_5, y) \ge 3$. If y = (123k), then $d_I(v_1, y) = 1$ and $d_C(v_1, y) \ge 3$. All these cases are impossible since C is of spread 2. Hence $v_{s-1} = (13kj)$ with $j \in M \setminus \{k\}$ and $v_{s+1} = (13kp)$ with $p \in M \setminus \{k, j\}$. Then $j \ne m$ or $p \ne m$. Without loss of generality we assume $j \ne m$.

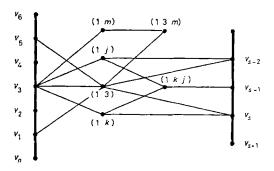


Fig. 2

From card $(N(13) \cap V(C)) = d-1$ and $(13m) \notin V(C)$ we conclude $(13j) \in V(C)$. Then $v_{s-2} = (13j)$ (otherwise we get $d_I(v_{s-1}, (13j)) = 1$ and $d_C(v_{s-1}, (13j)) > 1$, a contradiction). The situation is summarized in figure 2. Hence we get the following bounds:

$$g_{v_3}((1k)) \ge \frac{1}{d-3} \text{ since } (1kj) \in S(13kj), (k) \in Sv_4, \text{ and } (12k) \in Sv_2;$$

$$g_{v_3}((1j)) \ge \frac{1}{d-3} \text{ since } (1kj) \in S(13kj), (j) \in Sv_4, \text{ and } (12j) \in Sv_2;$$

$$g_{v_3}((1m)) \ge \frac{1}{d-3} \text{ since } (13m) \notin V(C), (m) \in Sv_4, \text{ and } (12m) \in Sv_2;$$

$$g_{v_3}((13)) = \frac{1}{d-1} \text{ by assumption;}$$

$$g_{v_3}((1i)) \ge \frac{1}{d-2} \text{ for } i \in M \setminus \{j, k, m\}, \text{ since } (i) \in Sv_4 \text{ and } (12i) \in Sv_2.$$

From these inequalities we get

$$G(v_3) \ge \frac{1}{d-1} + \frac{d-6}{d-2} + \frac{3}{d-3} > \frac{d-4}{d-2} + \frac{2}{d-3},$$

which proves lemma 1.

Lemma 2. Let d and C be as in lemma 1. If card $(N(13) \cap V(C)) = d$, then

$$G(v_3) > \frac{d-4}{d-2} + \frac{2}{d-3}$$
.

Proof. Set $M = \{4, 5, ..., d\}$. Since (1), (3), and (123) are in $\{v_1, ..., v_5\}$ and $d \ge 7$, we know that at least four elements (13j) with $j \in M$ appear in $\{v_6, ..., v_n\}$. Set $i = \min\{j \in \mathbb{N}: 6 \le j \le n \text{ and } v_j \in N(13)\}$. Let $v_i = (13p)$ be the first element of the vertex sequence $v_6, ..., v_n$ which belongs to N(13), $(p \in M)$. In the same way as in lemma 1 we can conclude that

$$v_{i+1} = (13pq)$$
 with $q \in M \setminus \{p\}$, $v_{i+2} = (13q)$, $v_{i+3} = (13qr)$ with $r \in M \setminus \{p, q\}$, $v_{i+4} = (13r)$, $v_{i+5} = (13rs)$ with $s \in M \setminus \{p, q, r\}$, $v_{i+6} = (13s)$.

This series cannot be carried on, because from $d \ge 7$ we only know card $(M) \ge 4$. What we already know is illustrated in figure 3. We get with a similar argumentation as in lemma 1

$$g_{v_3}((1i)) \ge \frac{1}{d-3} \quad \text{for} \quad i \in \{p, s\},$$

$$g_{v_3}((1i)) \ge \frac{1}{d-4} \quad \text{for} \quad i \in \{q, r\},$$

$$g_{v_3}((1i)) \ge \frac{1}{d-2} \quad \text{for} \quad i \in M \setminus \{p, q, r, s\},$$

$$g_{v_3}((13)) \ge \frac{1}{d}.$$

From these inequalities we conclude

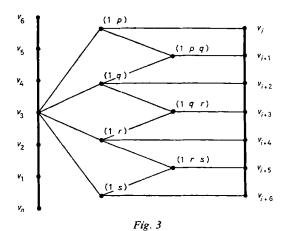
$$G(v_3) \ge \frac{1}{d} + \frac{d-7}{d-2} + \frac{2}{d-3} + \frac{2}{d-4} > \frac{d-4}{d-2} + \frac{2}{d-3},$$

which proves lemma 2.

Lemma 3. For $d \ge 7$ let $C = (v_1, v_2, ..., v_n; v_1)$ be a d-dimensional circuit code of spread 2 with $v_1 = (123)$, $v_2 = (12)$, $v_3 = (1)$, $v_4 = (0)$, and $v_5 = (4)$. If $card(N(14) \cap V(C)) = d - 2$ and $(134) \in V(C)$, then

$$G(v_3) \geq \frac{d-4}{d-2} + \frac{2}{d-3}.$$

Proof. Putting $M = \{5, 6, ..., d\}$ we have $N(14) = \{(1), (124), (134), (4)\} \cup \{(14i): i \in M\}$. Because C is of spread 2, we get $(124) \notin V(C)$ and $(3) \notin V(C)$. Let (14m)



be the second element of N(14) besides (124) not lying in V(C), $(m \in M)$. If some element (13i) with $i \in M$ is not in V(C), we easily can conclude in the way we already used that

1) for
$$i=m$$
, $G(v_3) \ge \frac{d-3}{d-2} + \frac{1}{d-4} > \frac{d-4}{d-2} + \frac{2}{d-3}$

2) for
$$i \neq m$$
, $G(v_3) \ge \frac{d-4}{d-2} + \frac{2}{d-3}$.

Also, if some element (1ij) with $i, j \in M$ and $i \neq j$ is not in V(C), we get

1) for
$$i=m$$
 or $j=m$, $G(v_3) \ge \frac{1}{d-1} + \frac{d-5}{d-2} + \frac{1}{d-3} + \frac{1}{d-4} > \frac{d-4}{d-2} + \frac{2}{d-3}$

2) for
$$i \neq m$$
 and $j \neq m$, $G(v_3) \ge \frac{1}{d-1} + \frac{d-6}{d-2} + \frac{3}{d-3} > \frac{d-4}{d-2} + \frac{2}{d-3}$.

In all these cases the assertion of the lemma is true.

In the following we assume that, for all $i, j \in M$, $(13i) \in V(C)$ and $(1ij) \in V(C)$. Since $d \ge 7$, we know that there are at least three elements (13i) in V(C) ($i \in M$). Because for all $i \in M$, $d_I((13i), v_5) = 4$, there exist two different elements $p, q \in M$ with $d_C((13p), v_1), v_1) \ge 4$, $d_C((13p), v_5) \ge 4$, $d_C((13q), v_1) \ge 4$, and $d_C((13q), v_5) \ge 4$. Without loss of generality we assume $p \ne m$. We inspect $p \in N((13p) \cap V(C)$. If $p \in \{(13), (1p), (123p)\}$ we come to the same contradictions as in the proof of lemma 1. p = (13pr) with $p \in M$ leeds to $p \in M$ leeds to $p \in M$. Thus $p \in M$ leeds to $p \in M$ leeds to $p \in M$ and $p \in M$ leeds to $p \in M$ and $p \in M$ lemma is true as shown above. Thus $p \in M$ has the neighbours $p \in M$ and $p \in M$ lemma is true as shown above. Thus $p \in M$ we get a contradiction to our assumption that all elements of $p \in M$ we get a contradiction to our assumption that all elements of $p \in M$ we get a contradiction to our assumption that all elements of $p \in M$ and lemma 3 is proved.

Lemma 4. Let d and C be as in lemma 3. If $\operatorname{card}(N(14) \cap V(C)) = d-2$ and $(134) \notin V(C)$, then

$$G(v_3) \ge \frac{d-4}{d-2} + \frac{2}{d-3}$$
.

Proof. Let $M = \{5, 6, ..., d\}$. Since $(124) \in Sv_2$, $(134) \notin V(C)$, and card $(N(14) \cap Sv_2)$ $\cap V(C) = d-2$, we know that for all $i \in M$ (14i) is lying in V(C). (13i) $\notin V(C)$ for $i \in M$ or $(1ij) \notin V(C)$ for $i, j \in M$ with $i \neq j$ leads in the usual way to $G(v_3) \ge 1$ $\geq \frac{d-4}{d-2} + \frac{2}{d-3}$, and in these cases the lemma is proved.

In the following we will show that C cannot fulfil the conditions

- (i) $N(13) \setminus V(C) = \{(3), (134)\},\$
- (ii) $N(14) \setminus V(C) = \{(124), (134)\},\$
- (iii) $N(1i) \setminus V(C) = \{(i), (12i)\}$ for all $i \in M$,

and so one of the above cases is valid.

We assume C to fulfil all these conditions (i) to (iii). Then for all $i, j \in M$ with $i\neq j$ (1ij) is in V(C). Necessarily (1ij) has the neighbours (ij) and (12ij) in C. That means

(4.1.) For all $i, j \in M$ with $i \neq j$ the graph of figure 4 is a subgraph of C.

Now we need the following fact, namely

(4.2.) For all $i \in M$ (123i) $\neq v_n$ holds.

This we proof indirectly by assuming $v_n = (123i)$ for one $i \in M$. This leads to $v_{n-1}=(13i)$ because of the condition (i) and the spread 2 of C. Since $d \ge 7$ there exist $j, k \in M \setminus \{i\}$ with $j \neq k$. With (4.1.) we know that the graphs of figure 5 are subgraphs of C. The only possibility for a second neighbour of (12ij) in C is (124ij), and (12ik) has the neighbour (124ik) in C. With condition (ii) we have $(14i) \in V(C)$. Now we try to find the neighbours of (14i) in C. We have N(14i) == $\{(14), (1i), (4i), (124i), (134i)\}\cup\{(14is): s\in M\setminus\{i\}\}$. Let $y\in N(14i)\cap V(C)$. If y=(14) or y=(1i), then $d_I(y,v_3)=1$ and $d_C(y,v_3)\geq 5$, a contradiction to the spread 2 of C. If y=(124i), then $d_I(y,(124ij))=1$ and $d_I(y,(124ik))=1$, hence $(124ik)\notin V(C)$ or $(124ij)\notin V(C)$, which is a contradiction, since the graphs of figure 5 should be subgraphs of C. If y=(14is), then $d_I(y,(1is))=1$ and $d_I(y, (14s))=1$, hence $(14s) \notin V(C)$ or $(1is) \notin V(C)$, a contradiction to condition (i) or (iii). Thus (14i) has the neighbours (4i) and (134i) in C. Since C is of spread

$$(i \ j)$$
 $(1 \ i \ j)$ $(1 \ 2 \ i \ j)$

$$(i \ k)$$
 $(1 \ i \ k)$ $(1 \ 2 \ i \ k)$

$$Fig. 5$$

2, C is the graph shown in figure 6, and all of the conditions (i) to (iii) are hurt. Thus (4.2.) is proved.

With help of (4.2.) we conclude that for all $i \in M$ $(13i) \in V(C)$ has the neighbours (3i) and (134i) in C, and (3i) has (23i) as second neighbour in C. That means

(4.3.) For all $i \in M$ the graph of figure 7 is a subgraph of C.

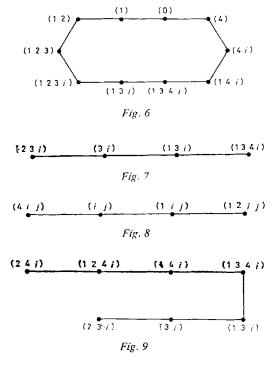
This helps us to see, that for all $i, j \in M$ with $i \neq j$ (ij) has the neighbour (4ij) in C, and we get with (4.1.).

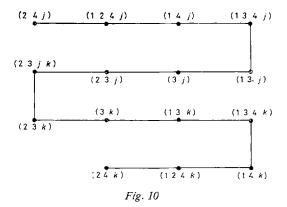
(4.4.) For all $i, j \in M$ with $i \neq j$ the graph of figure 8 is a subgraph of C.

If some element $(14i) \in V(C)$ had the neighbour (4i) in C, we would get, since C is of spread 2, $v_6 = (4i)$ and $v_7 = (14i)$. Then for no $j \in M \setminus \{i\}$ (ij) could have the neighbour (4ij) in C. This would be a contradiction to (4.4.). Thus no element (14i) has the neighbour (4i) in C, and we can conclude in the usual way (4.5.)

(4.5.) For all $i \in M$ the graph of figure 9 is a subgraph of C.

We have $N(23i) = \{(23), (2i), (3i), (123i), (234i)\} \cup \{(23ij): j \in M \setminus \{i\}\}$. Let $y \in N(23i) \cap V(C)$. If y = (2i) or y = (234i), then $d_I(y, (24i)) = 1$ and $d_C(y, (24i)) = 7$, this is impossible. If y = (123i), then $d_I(y, v_1) = 1$, hence $v_n = y$, a contradiction to (4.2.). If y = (23), then $d_I(y, v_1) = 1$, hence $v_1 = y$ and for all $s \in M \setminus \{i\}$ (23s) cannot be in V(C), this is a contradiction to (4.3.). Thus for all $i \in M$ (23i) has the





neighbour (23ik) in C, $(k \in M \setminus \{i\})$. Now we choose j and k in M so that (23j) has the neighbours (3j) and (23jk) in C. Then the following holds:

(4.6.) The graph of figure 10 is a subgraph of C.

Now we remember (4.1.) and try to find a second neighbour of (12jk) in C. We have $N(12jk) = \{(12j), (12k), (1jk), (2jk), (123jk), (124jk)\} \cup \{(12jkm): m \in M \setminus \{j, k\}\}$. Let $y \in N(12jk) \cap V(C)$. If y = (12j) or y = (12k), then $d_I(y, v_2) = 1$ and $d_C(y, v_2) \ge 3$. If y = (2jk) or y = (123jk), then $d_I(y, (23jk)) = 1$ and with (4.6.) $d_C(y, (23jk)) \ge 8$. If y = (124jk), then $d_I(y, (124j)) = 1$ and with (4.4.) $d_C(y, (124j)) \ge 3$. All these cases are impossible since C is of spread 2. If y = (12jkm), then $d_I(y, (12jm)) = 1$ and $d_I(y, (12km)) = 1$, hence $(12km) \notin V(C)$ or $(12jm) \notin V(C)$, a contradiction to (4.1.). Thus (12jk) has only the neighbour (1jk) in C, this is a contradiction since C is a circuit, and lemma 4 is proved.

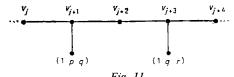
Lemma 5. Let d and C be as in lemma 3. If $\operatorname{card}(N(14) \cap V(C)) = d-1$, then

$$G(v_3) > \frac{d-4}{d-2} + \frac{2}{d-3}$$
.

Proof. Since $(124) \in Sv_2$, $(124) \notin V(C)$. All other elements of N(14) lie in V(C). Putting $M = \{3, 5, 6, ..., d\}$ we have $N(14) = \{(1), (4), (124)\} \cup \{(14i): i \in M\}$. It is $N(14) \cap \{v_1, ..., v_5\} = \{(1), (4)\}$. Set $j = \min \{i \in \mathbb{N}: 6 \le i \le n \text{ and } v_i \in N(14)\}$. $v_j = (14p)$ with $p \in M$ and $v_{j+1} = (124p)$ or $v_{j+1} = (14pq)$ with $q \in M \setminus \{p\}$.

Case 1: $v_{j+1} = (14pq)$ with $q \in M \setminus \{p\}$. Then $v_{j+2} = (14q)$ and $v_{j+3} = (124q)$ or $v_{j+3} = (14qr)$ with $r \in M \setminus \{p, q\}$.

Case 1.1.: $v_{j+3} = (14qr)$ with $r \in M \setminus \{p, q\}$.



Then $v_{j+4}=(14r)$, and we have the situation of figure 11. We get

$$G(v_3) \ge \frac{2}{d-1} + \frac{d-7}{d-2} + \frac{2}{d-3} + \frac{1}{d-4} \quad \text{if} \quad 3 \notin \{p, q, r\},$$

$$G(v_3) \ge \frac{1}{d-1} + \frac{d-5}{d-2} + \frac{1}{d-3} + \frac{1}{d-4} \quad \text{if} \quad 3 \in \{p, r\},$$

$$G(v_3) \ge \frac{1}{d-1} + \frac{d-6}{d-2} + \frac{3}{d-3} \quad \text{if} \quad 3 = q.$$

Since
$$\frac{2}{d-1} + \frac{d-7}{d-2} + \frac{2}{d-3} + \frac{1}{d-4} > \frac{1}{d-1} + \frac{d-5}{d-2} + \frac{1}{d-3} + \frac{1}{d-4} > \frac{1}{d-1} + \frac{d-6}{d-2} + \frac{3}{d-3} > \frac{d-4}{d-2} + \frac{2}{d-3}$$
, we have proved the assertion of lemma 5 in thes case 1.1.

Case 1.2.: $v_{i+3} = (124q)$.

Then $v_{j+4} \notin N(14)$. Since $d \ge 7$ there exists at least one element of N(14) in $\{v_{j+5}, \ldots, v_n\}$. Set $k = \min \{i \in \mathbb{N}: j+5 \le i \le n \text{ and } v_i \in N(14)\}$, then $v_k = (14r)$ with $r \in M \setminus \{p, q\}$, $v_{k-1} = (124r)$, and $v_{k+1} = (12rs)$ with $s \in M \setminus \{p, q, r\}$. Then $v_{k+2} = (14s)$, and we have the situation of figure 12. We get

$$G(v_3) \ge \frac{2}{d-1} + \frac{d-8}{d-2} + \frac{4}{d-3}$$
 if $3 \notin \{p, q, r, s\}$,

$$G(v_3) \ge \frac{1}{d-1} + \frac{d-6}{d-2} + \frac{3}{d-3}$$
 if $3 \in \{p, q, r, s\}$.

Since $\frac{2}{d-1} + \frac{d-8}{d-2} + \frac{4}{d-3} > \frac{1}{d-1} + \frac{d-6}{d-2} + \frac{3}{d-3} > \frac{d-4}{d-2} + \frac{2}{d-3}$ we have proved the assertion of lemma 5 in case 1.2.

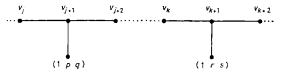


Fig. 12

Case 2: $v_{i+1} = (124p)$.

Then $v_{j+2} \notin N(14)$. Set $k = \min \{i \in \mathbb{N}: j+3 \le i \le n \text{ and } v_i \in N(14)\}$ then $v_k = (14q)$ with $q \in M \setminus \{p\}$, $v_{k-1} = (124q)$, and $v_{k+1} = (14qr)$ with $r \in M \setminus \{p, q\}$. Hence $v_{k+2} = (14r)$, and we get the same bounds as in case 1 by distinguishing

Case 2.1.:
$$v_{k+3} = (14rs)$$
 with $s \in M \setminus \{p, q, r\}$

and

Case 2.2.:
$$v_{k+3} = (124r)$$
.

3. The upper bound

Now we are able to prove the central theorem of this paper.

Theorem 1.
$$C(d, 2) \le 2^{d-1} - \frac{2^{d-1}}{d(d-5)+7}$$
 for $d \ge 7$.

Proof. Let C be a maximal d-dimensional circuit code of spread 2. Denote by (2) the following statement

(2) "For all $v_i \in V(C)$ the inequality $G(v_i) \ge \frac{d-4}{d-2} + \frac{2}{d-3}$ holds."

If (2) holds, theorem 1 is true as one can see from the following:

$$2^{d} - C(d, 2) \stackrel{\text{(1)}}{\geq} \sum_{x \in V(C)} G(x) \stackrel{\text{(2)}}{\geq} C(d, 2) \left(\frac{d-4}{d-2} + \frac{2}{d-3} \right).$$

That means $2^d \ge C(d, 2) \left(\frac{2d^2 - 10d + 14}{d^2 - 5d + 6} \right)$ or equivalently

$$C(d, 2) \le 2^{d-1} - \frac{2^{d-1}}{d(d-5)+7}$$
.

So we only have to prove (2). Let $v_i \in V(C)$. There exists a symmetry of I(d) carrying the triple (v_{i-1}, v_i, v_{i+1}) onto the triple ((12), (1), (0)). Thus without loss of generality we can assume $C = (v_1, v_2, ..., v_n; v_1)$ with n = C(d, 2) and $v_2 = (12)$, $v_3 = (1)$, and $v_4 = (0)$. Since C is of spread 2, $v_1 \neq (1)$ and $v_1 \neq (2)$. So, by eventually changing coordinates, we have $v_1 = (123)$, and we only have to show

(3)
$$G(v_3) \ge \frac{d-4}{d-2} + \frac{2}{d-3}.$$

Since C is of spread 2, $v_5 \neq (1)$ and $v_5 \neq (2)$. We must distinguish whether $d_I(v_1, v_5) = 2$ or $d_I(v_1, v_5) = 4$ holds, that means $v_5 = (3)$ or (eventually by changing coordinates) $v_5 = (4)$.

Case 1: $v_5 = (3)$

Since (123), (1), and (3) are in V(C), we have $\operatorname{card}(N(13) \cap V(C)) \geq 3$. If exactly s elements of N(13) are in V(C) with $3 \leq s \leq d$, then we get $g_{v_3}((13)) = \frac{1}{s}$. Then d-s elements (13i) of N(13) with $i \in M = \{4, 5, ..., d\}$ are not in V(C), and we have for these $i \in M$ $g_{v_3}((1i)) \geq \frac{1}{d-3}$, since $(12i) \in Sv_2$, $(i) \in Sv_4$, and $(13i) \notin V(C)$. For the other s-3 elements $i \in M$ we get $g_{v_3}((1i)) \geq \frac{1}{d-2}$, since $(12i) \in Sv_2$ and $(i) \in Sv_4$. Hence $G(v_3) \geq \frac{1}{s} + \frac{s-3}{d-s} + \frac{d-s}{d-3} = Z_1(s)$ for $3 \leq s \leq d$, if $\operatorname{card}(N(13) \cap V(C)) = s$. With $Z_1(s) > Z_1(s+1)$ and $Z_1(d-2) = \frac{d-4}{d-2} + \frac{2}{d-3}$ the proof of (3) is done for $3 \leq s \leq d-2$. The cases s=d-1 and s=d are done in lemma 1 and lemma 2.

Case 2: $v_5 = (4)$

Now we will concentrate on N(14). Since $(124) \in Sv_2$ and $(1), (4) \in V(C)$, $2 \le \operatorname{card} (N(14) \cap V(C)) \le d-1$. We assume $\operatorname{card} (N(14) \cap V(C)) = s$ with $2 \le s \le d-1$. Then $g_{v_3}((14)) = \frac{1}{s}$.

If (134) belongs to these s elements, that means if $(134) \in V(C)$ (then $s \ge 3$), then d-s-1 elements (14i) with $i \in N = \{5, 6, ..., d\}$ are not in V(C), and we get for these $i \in N$, $g_{v_3}((1i)) \ge \frac{1}{d-3}$, since $(12i) \in Sv_2$, $(i) \in Sv_4$, and $(14i) \notin V(C)$. For the other s-3 elements $i \in N$ we have $g_{v_3}((1i)) \ge \frac{1}{d-2}$, since $(12i) \in Sv_2$ and $(i) \in Sv_4$. Hence $G(v_3) \ge \frac{1}{s} + \frac{1}{d-1} + \frac{s-3}{d-2} + \frac{d-s-1}{d-3} = Z_2(s)$ for $3 \le s \le d-1$.

If (134) does not belong to these s elements (that means $(134) \notin V(C)$ and necessarily $s \leq d-2$), then d-s-2 elements (14i) with $i \in N$ are not in V(C) and we get

$$G(v_3) \ge \frac{1}{s} + \frac{1}{d-2} + \frac{s-2}{d-2} + \frac{d-s-2}{d-3} = Z_3(s)$$
 for $2 \le s \le d-2$.

Obviously the following relations hold: $Z_2(s) > Z_2(s+1)$, $Z_3(s) > Z_3(s+1)$, $Z_2(s) > Z_3(s)$, and $Z_3(d-3) = \frac{d-4}{d-2} + \frac{2}{d-3}$. Thus (3) is proved if card $(N(14) \cap V(C)) \ge 0$

$$\operatorname{card} \left(N(14) \cap V(C) \right) = d - 2 \text{ and } (134) \in V(C)$$

$$\operatorname{card} \left(N(14) \cap V(C) \right) = d - 2 \text{ and } (134) \notin V(C)$$

$$\operatorname{card} \left(N(14) \cap V(C) \right) = d - 1$$

are done in the lemmas 3 to 5. Thus (3) holds in all cases, and theorem 1 is proved.

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